



Sacred Grove

## Product Fact Sheet

### *Sandalwood Essential Oil*



#### Primary Benefits

- Pain Relief
- Promote Calmness
- Blood Pressure
- Meditation

#### Sacred Grove

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#### Product Description

South Australian Grown & Produced,

Sandalwood “*Santalum spicatum*” one of the treasure of the Natural World, sweet and pure made right here at Sacred Grove from plants grown on the property. This is the first Sandalwood Essential Oil made from passive harvesting which means we don’t kill the tree to extract the oils instead we take off small amounts from each tree to enable to tree to continue to thrive.

Produced on an organic farm this Sandalwood is produced from young trees at 10 years of age so the extraction process produces a very light even water like product, it is unique in its fragrance.

#### Uses

- Anti-inflammatory  
Sandalwood Essential Oil is very effective as anti-inflammatory agent. it has a nice cooling effect and provides relief from all types of inflammation in the brain, digestive, nervous, circulatory, and excretory systems that result from infections, fever, side effects of antibiotics, poisoning, insect bites, or wounds. Sandalwood essential oil is particularly beneficial in cases of nervous and circulatory inflammations
- Carminative  
The essential oil of sandalwood, being relaxant in nature, induces relaxation in the intestines and abdominal muscles, thereby facilitating the removal of gases. Also, it prevents excess gases from forming.
- Skin Care  
Sandalwood oil soothes the skin, relieves it from inflammation and irritation, cures infections and keeps you feeling fresh and cool.
- Antiseptic  
The essential oil of sandalwood is very good as an antiseptic agent. It is safe for both internal and external applications. When ingested, it helps protect internal wounds and ulcers from infections. Similarly, when applied to the skin, it protects wounds, sores, boils, and pimples from developing infections or from becoming septic

#### Directions for Use:

- **Diffusion:** Use 3 to 4 Drops in the Diffuser of your choice.  
There is much discussion about placing essential oils onto the body and they are even placed into food items in Australia these choices remain entirely up to you the individual.

#### Cautions

The information in this flyer is purely informative. For medical applications and uses please consult with your Medical Practitioner for advice